Physical Education Curriculum

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| Year 1 | Ball Skills: catching throwing and rolling |
| Year 1 | Dodgeball (Social Focus): following rules and supporting others |
| Year 1 | Gymnastics: Simple movements balances and |
| Year 1 | Dance |
| Year 1 | Imagine PE |
| Year 1 | Ball skills through tennis: catching rolling bouncing hitting |
| Year 1 | Athletics: running jumping throwing |
| Year 2 | Ball Skills: rolling catching throwing overarm and underarm |
| Year 2 | Dodgeball (Social Focus) winning and losing gracefully |
| Year 2 | Gymnastics: combining movements and balances |
| Year 2 | Dance |
| Year 2 | Imagine PE |
| Year 2 | Ball Skills Through Tennis: Catching stopping hitting and bouncing |
| Year 2 | Athletics: running jumping throwing |
| Year 2 | Ball Skills Through Cricket: catching rolling striking |
| Year 3 | Invasion Games (Football Focus): To stop the ball pass the ball dribble the ball and shoot the ball. |
| Year 3 | Invasion Games (Netball Focus): To catch pass pivot and shoot with the ball |
| Year 3 | Invasion Games (Tag Rugby Focus): To tag players pass the ball backwards receive the ball |
| Year 3 | Gymnastics: To mount apparatus perform a sequence of movements and balances on a mat |
| Year 3 | Multi-Skills: Train to improve skills of balance coordination and agility |
| Year 3 | Invasion Games (Quicksticks Focus): To stop the ball dribble and push the ball |
| Year 3 | Dance (Street Cheer): Devise a sequence of moves following a sports chant |
| Year 3 | Net / Wall Games: To move while bouncing the ball return the ball and serve under-arm |
| Year 3 | Athletics: To run at different paces throw pass a relay batten |
| Year 3 | Striking and Fielding (Cricket Focus): To catch throw underarm and strike a moving ball |
| Year 3 | Sportsmanship: To support others a praise success |
| Year 4 | Swimming and Water Safety: |
| Year 4 | Swim competently confidently and proficiently over a distance of at least 25 metres |
| Year 4 | Use a range of strokes effectively [for example front crawl backstroke and breaststroke] |
| Year 4 | Perform safe self-rescue in different water-based situations |
| Year 4 | Invasion Games (Netball Focus): Work as part of a team competing in small sided games |
| Year 4 | Invasion Games (Tag Rugby Focus): Work as part of a team in small sided games |
| Year 4 | MultiSkills: To work as part of team to measure agility balance and co-ordination skills |
| Year 4 | Gymnastics: To perform a sequence of movements and balances using matching and mirroring for points |
| Year 4 | Invasion Games (Quicksticks): Work as part of a team to play small sided games |
| Year 4 | Dance (Roman Gladiators): Work with others to create a canon sequence that reflects gladiator training. |
| Year 4 | Net / Wall Games: complete rallies using forehand and backhand strokes |
| Year 4 | Striking and Fielding (Cricket Focus): showing a variety of batting and fielding skills working as part of a team |
| Year 4 | Sportsmanship: To win or loose gracefully and to support others |
| Year 4 | Outdoor and Adventurous Activities (Woodrow): To accept personal challenge and work to improve ourselves |
| Year 5 | Activity Leadership: To lead a task with simple rules |
| Year 5 | Invasion Games: To work as part of a team defending and intercepting passes |
| Year 5 | Invasion Games (Tag Rugby Focus): To work with the players around me to defend effectively |
| Year 5 | Gymnastics: To perform a linked sequence on apparatus earning points for a team |
| Year 5 | Multi-skills: To carry out a training program and to measure its impact |
| Year 5 | Invasion Games (Quicksticks Focus): To use dribbling push shots strikes and movement off the ball. |
| Year 5 | Dance (Body Combat): To devise and perform a dance with at least 3 phases showing a range movements and understanding of the audience |
| Year 5 | Net / Wall Games: To play games serving overarm returning on both forehand and backhand sides and making choices about shot placement |
| Year 5 | Athletics: To use pace appropriate to the distance to be run to use correct technique when throwing a variety of objects |
| Year 5 | Striking and Fielding (Cricket Focus): To play as part of a team selecting suitable shots when batting and making effective fielding choices |
| Year 5 | Outdoor and Andventurous Activities: To follow instructions to navigate around a site safely finding specific locations |
| Year 5 | Sportsmanship: To win or lose gracefully in competitive situations and to support others. |
| Year 6 | Activity Leadership: To lead a game with a number of rules |
| Year 6 | Invasion Games: To adjust play and tactics to suit attacking and defending roles |
| Year 6 | Invasion Games (Tag Rugby): To adjust play and tactics depending on which team has the ball |
| Year 6 | Gymnastics: To plan and perform a linked sequence of movements and balances (on and off apparatus) scoring points for a team |
| Year 6 | Multi-skills: To plan and carry out a training program measuring and evaluating its impact |
| Year 6 | Invasion Games (Quicksticks Focus) To play games using dribbling push shots strikes and movement off the ball. |
| Year 6 | Net / Wall Games: To carry out games of tennis independently using a range of shots and selecting these approriately |
| Year 6 | Athletics: To use good technique across the variety running jumping and throwing events |
| Year 6 | Striking & Fielding (Rounders Focus): To take part in rounders games using standard rules and showing an understanding of tactics and shot choice |
| Year 6 | Outdoor and Adventurous Activities (River Dart): To take on challenge and appreciate that this can develop our characters |
| Year 6 | Sportsmanship: To recognise that sports have both a unifying and dividing  potential and to take part in a spirit of fair play |