

The Cheddington Link 9th October 2026



The weather has certainly taken a turn in temperature! We have had a busy week here in school. I was delighted to drive the minibus for our first Year 1 visit yesterday. They absolutely loved being on the bus and behaved really well. I'm looking forward to taking other children out on it soon.

World Mental Health Day - Friday 9th October

We all wore something yellow to school today to celebrate World Mental Health day. In our assembly we talked about 'recharging our minds' and how different ways we can do this such as talking to people we trust, playing with our friends, exercising, spending time outside, doing something we enjoy and getting good rest. We also talked about how no-one is alone so if we have worries or we're upset about something we can ask for help.

Here's some more information about World Mental Health Day:

World Mental Health Day 2026 takes place on 10 October 2026 and gives children and adults the opportunity to focus on the importance of mental health and wellbeing. It is a reminder that looking after our emotional wellbeing matters just as much as looking after our physical health.

This day encourages us to talk openly about feelings, to show kindness to ourselves and others, and to remember that everyone has times when they need extra support. In a busy family life, simple things such as listening, spending time together, keeping routines and making space to rest can all help children and adults feel more settled and supported.

If you would like more information or advice, these websites may be helpful:

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- NHS Every Mind Matters - helpful tips and resources for adults and families: <https://www.nhs.uk/every-mind-matters/>

- Mind - support and guidance on mental health:<https://www.mind.org.uk/>
 - YoungMinds - advice and resources for children, young people and parents:<https://www.youngminds.org.uk/>
 - NSPCC - support for children's wellbeing:<https://www.nspcc.org.uk/>
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Emails that have been sent home this week:

We felt it might be useful for a list of emails that we have sent out this week to be included in the weekly Cheddington Link. This is just to act as a reminder as we know how busy life gets. Not all emails will be relevant for every child but hopefully a list on here each week will help:

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- Year 5 outdoor science lesson
 - Y1 Waddesdon Manor trip - lunch
 - Epay reminder: Yr 4 Grafham Water
 - Cheddington v Halton Cup fixture
 - Football tournament
 - Girls' football team match
 - Cheddington v St. Michaels football match
 - Change to Dodgeball timings
 - Lunch - Yr 2 visit to Whipsnade Zoo
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Have a lovely weekend,

Mrs. Gilly Brown

Headteacher

PTA Second Hand Uniform

The PTA is accepting donations of Cheddington branded jumpers, cardigans and PE polo shirts to the school office for future uniform sales. The PTA is on the lookout for an Ikea style Kallax unit to hopefully start selling pre loved school uniform in the school reception area. Please contact your PTA class rep if you spot one that is available. The PTA will be running a series of sales of second hand uniform throughout the school year. Keep an eye on the weekly newsletter and class WhatsApp comms for dates.

PTA Halloween Cake Sale and Pre Loved Costume Swap

The first PTA event of the year is fast approaching. The Halloween Cake Sale and Pre Loved Costume Swap will take place after school in the school hall on the 22nd of October.

Preloved Halloween Costumes

It's great to see that preloved costumes are already arriving in the school office for our swap!! If you have time over the weekend please dig out any school age costumes that your children have outgrown and start bringing them to the school office. Costume swaps are a great way to save money and help the environment.

Halloween Cakes

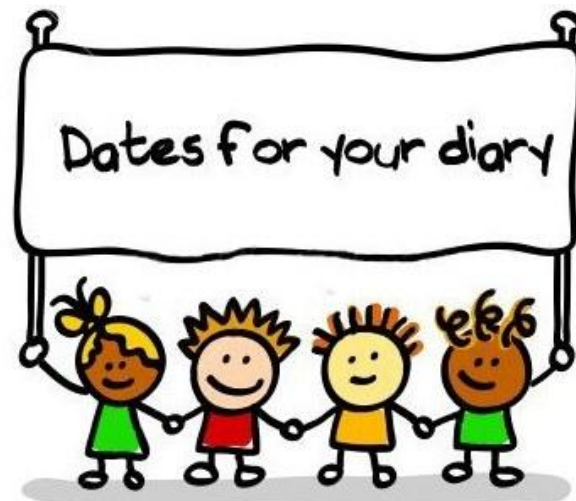
The event heavily relies on donations to be a success. All donations of baked goods (home made or purchased) are greatly appreciated. Please drop any donations into the school office on the day. Please name any containers so we can make sure they are returned. Happy baking!!

Upcoming Plans for this year....*We will be running our PJ Party in November and Mini Christmas Fair in December.*

Keep an eye on the dates section of the school newsletter and class WhatsApp for more information.



Dates for your diaries:



Wednesday 14th October = Year 1 trip to Waddesdon

Friday 16th October = Second hand uniform sale at 3.15pm

Wednesday 21st October = Yr4 class assembly at 2:45pm

Thursday 22nd October = Halloween cake sale and costume swap

Friday 23rd October = break up for half term

Monday 2nd November = back to school

Tuesday 3rd November = Year 2 science workshop at Whipsnade Zoo

Wednesday 4th - Friday 6th November = Year 4 residential trip to Grafham Water

Wednesday 11th November = 11am Remembrance on the Green

Thursday 12th November = 4pm - 7.30pm Parents Evening

Friday 13th November = Children In Need (more details to follow)

Tuesday 17th November = 3.45pm - 6.30pm Parents Evening

Thursday 26th November = pm Teaching Talons visit to Year R

Friday 27th November = PTA PJ film night

Friday 4th December = PTA Christmas Fair 3.15pm - 4.30pm

Thursday 10th December = 2.30pm Year 2 nativity for Year 2 parents / carers

Tuesday 15th December = Key Stage 2 trip to the Panto

Friday 18th December = Christmas service in the church

Break up for Christmas holidays at 1.30pm

Learner Of The Week



Our Learners Of The Week are celebrated in our Monday assemblies. Each teacher chooses a child in their class who has gone above and beyond with their HEART Values. The children are given a Learner Of The Week badge which they wear all week and return on a Friday.

Have a look below to see who are superstars are this week!

*Butterfly Class: Edie for great **teamwork**. She is always helpful in the class, and is especially good at asking adults what she can do to help. Well done Edie!*

*Lion Class: Layla for showing **excellence** in her writing, using her phonics to support English work. Layla has even been extending this into her independent work. Well done!*

*Cheetah Class: Nana for **excellence** in the way that he has settled very quickly into Cheetah class. Well done Nana!*

*Elephant Class: Eloise for showing **Excellence** in her learning behaviours and the work she has produced! She has been a superstar!*

*Tiger Class: Dolly for showing **excellence** and resilience in all her work, she is showing **respect** to others in the class and has a positive attitude to learning. Well done Dolly!*

*Flamingo Class: Elsie for showing **excellence** and resilience in all her work. She has particularly shown independence in completing maths tasks. Well done Elsie!)*

*Giraffe Class: Abby is our learner of the week because she shows **excellence** in her learning and such resilience when things are challenging. Well done Abby!*

Photos of our learning this week...





















