

# Reception – Personal, Social and Emotional Development



Manages own needs

Manages personal hygiene

## ELG Self Regulation

Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;  
Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;  
Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

## ELG Building relationships

Works and plays cooperatively with others  
Forms positive attachments to adults and friendships with peers  
Shows sensitivity to their own and other's needs

## ELG: Managing Self

Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;  
Explain the reasons for rules, know right from wrong and try to behave accordingly;  
Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Early Years

Builds constructive and respectful relationships

Identify and moderates own feelings, socially and emotionally

Sees themselves as a valuable individual

Talks and thinks about the perspectives of others



End Year R ELG

Shows resilience and perseverance

Expresses feelings and considers feelings of others

